



# Welcoming Students Back with Safety In Mind

2020-21

## Rocklin Unified School District **School Reopening Guidance**

# Table of Contents

3	Phased School Reopening
4	Superintendent's Message
5	General Measures
5	Promoting Healthy Hygiene Practices
6	Personal Protective Equipment (PPE) and Supplies
7	Cleaning, Disinfecting, and Ventilation
8	Distancing Measures
8	Staff and Family Education
9	Health and Wellness Checks
10	Student Daily COVID-19 Self/Guardian-Checklist
11	Employee Daily COVID-19 Self-Checklist
12	Plan For When Someone Has Symptoms or Isn't Feeling Well
13	Plan for Someone with a Confirmed COVID-19 Case
14	Students or Staff Who Have a Confirmed COVID-19 Case
14	Maintaining Healthy Operations
15	Partial or Total School Closures
16	Access to Technology
17	Transportation
18	Student Supports
19	Instructional Models for 2020-21
20	Rocklin Virtual Campus (RVC)
21	Sports and Extracurricular Activities
22	Nutrition Services
23	Nutrition Services Schedule
24	Resources

# PHASED SCHOOL REOPENING

Welcoming students back with safety in mind.

Updated 9/4/2020



Stage  
1

## DISTANCE LEARNING



We are here

This is our current stage where students are engaging in distance learning through set schedules and daily interactions with teachers and classmates.

Stage  
2

## LIMITED STUDENT ACCESS

Beginning 9/14/20

Distance learning continues for most students; however, some Special Education and English Learner students will be asked to return to school for required services, assessments, and instruction. Details will be communicated to these families.

Stage  
3

## HYBRID LEARNING MODEL

Beginning 9/21/20

Combines in-person check in and at-home learning.

**For grades TK-1**, students would be in an “AM” or “PM” group, five days a week. This schedule takes into account the age of TK-1 students and their need for more consistent in-person instruction.

**For grades 2-6**, students would be in an “A” or “B” group and attend school 2-3 days each week. For example, Group A would attend on Tuesday and Thursday and Group B would attend Wednesdays and Fridays, with both groups attending alternating Mondays. On at-home days, students would be required to participate in a daily live check in and engage in independent or project-based work and at times, live instruction in PE, VAPA or electives.

**For grades 7-12**, students would be in an “A” or “B” group and attend school 2-3 days each week. For example, Group A would attend on Tuesday and Thursday and Group B would attend Wednesdays and Fridays, with both groups attending alternating Mondays. During at-home days, students will be required to participate in a daily live check in and complete independent or project-based work.

Stage  
4

## TRADITIONAL SCHEDULE WITH RESTRICTIONS

Five days a week on-campus instruction with daily sanitizing, social distancing and limits on large gatherings, extracurricular activities, and athletics.

Stage  
5

## TRADITIONAL SCHEDULE WITH NO RESTRICTIONS

Five days a week on-campus instruction with assemblies, extracurricular activities, and athletics. Daily health self-screenings may still be required.

In each stage, we will continue to operate Rocklin Virtual Campus (RVC) for our exclusive online learners.

[rocklinusd.org](http://rocklinusd.org)   [rusdcommunications@rocklinusd.org](mailto:rusdcommunications@rocklinusd.org)   916-624-2428

## Superintendent's Message

**Rocklin Unified School District** prides itself on "Excellence in Education," a culture we have developed through focusing on the health, academics and safety of our students.

We recognize the academic, physical and social emotional needs of our students are best served through stability, consistency and familiarity. RUSD has therefore developed this Reopening Guide to welcome our students back with their safety in mind.

Through a concerted effort between RUSD, state and local public health officials, we have developed a phased approach built from the State's guidelines for resuming in-person instruction.

The safety procedures within this guidebook are aimed to mitigate, not eliminate risk. No single action or set of actions will completely eliminate the risk of COVID-19 transmission, but implementation of several coordinated interventions can greatly reduce that risk. Through teamwork with our families, staff and students, we hope to reopen our schools and stay open by adhering to the procedures set out in this guidebook.

While we hope that these health and safety measures provide some peace of mind, we must remain flexible and adaptable to the potential starts and stops associated with reopening schools. We will also continue to offer Rocklin Virtual Campus (RVC) throughout our phased reopening of the 2020-2021 school year because we believe parents deserve choices in their child's education.

I would personally like to thank all of our families and each of our staff members for working diligently to ride the waves of uncertainty since the pandemic began. Your steadfast commitment to our students has demonstrated true collaboration, kindness and adaptability; characteristics we hope to instill in our students.

Sincerely,



Roger Stock

RUSD Superintendent



## General Measures

Per State guidelines, the Rocklin Unified School District will continue to review guidance, consult, communicate and collaborate with the following agencies regarding current disease levels, testing capabilities, and control measures locally to ensure we are providing the healthiest learning environment for students and staff.

- Placer County Public Health
- Placer County Office of Education
- California Department of Public Health
- California Department of Education
- Surrounding Districts

In accordance with state guidelines, RUSD has contingency plans in place for the possibility of closure of classes, groups, or entire facilities when persons associated with the facility or in the community test positive for COVID-19.

Furthermore, Rocklin Unified will continue to review and update health plans for high-risk individuals to ensure proper support and accommodations are provided.

Rocklin Unified has reviewed Cal/OSHA requirements and has an effective plan to protect employees.

## Promoting Healthy Hygiene Practices

### Hand Washing

Rocklin Unified School District is committed to teaching, reinforcing, and developing regular hand washing routines throughout campuses. Education will include best practices on avoiding contact with one's eyes, nose, and mouth, as well as washing or sanitizing hands before and after eating, using the restroom, being outside, and coughing or sneezing. Time will be set aside for teachers to develop a regular schedule for routine hand hygiene.



### Hand Sanitizer

Additional hand sanitizing stations are available in all classrooms and additional supplies are available for school sites. Hand sanitizer will be alcohol-based.

### Physical Distancing

Each school campus has put measures in place to increase physical distancing in hallways, classrooms, walkways, bathrooms, and other areas of the campus. Students will be encouraged to not congregate together especially in high traffic areas.

### Work Areas

Staff and students will avoid sharing phones, work supplies, and office equipment when feasible; never share Personal Protective Equipment (PPE). Take time to clean work area(s) as needed during the day.

# Personal Protective Equipment (PPE) and Supplies

## Face Coverings

Face coverings must be used in accordance with [CDPH guidelines](#) unless a person is exempt as explained in the guidelines, particularly in indoor environments, on school buses, and areas where physical distancing alone is not sufficient to prevent disease transmission.

Age	Face Covering Requirement
Under 2 years old	No
2 years old – 2nd grade	Strongly encouraged**
3rd grade – High School	Yes, unless exempt

\*\*Face coverings are strongly encouraged for young children between two years old and second grade, if they can be worn properly. A face shield is an acceptable alternative for children in this cohort who cannot wear them properly.

Persons younger than two years old, anyone who has trouble breathing, anyone who is unconscious or incapacitated, and anyone who is otherwise unable to remove the face covering without assistance are exempt from wearing a face covering.

If a student or staff member does not have a face covering, one will be provided to them.

In order to comply with this guidance, schools must exclude students from campus if they are not exempt from wearing a face covering under CDPH guidelines and refuse to wear one provided by the school. Schools should develop protocols to provide a face covering to students who inadvertently fail to bring a face covering to school to prevent unnecessary exclusions. Schools should offer alternative educational opportunities for students who are excluded from campus.

## Staff

All staff must use face coverings in accordance with [CDPH guidelines](#) unless Cal/OSHA standards require respiratory protection

---

Rocklin Unified School District aims to ensure adequate supplies are available to support healthy hygiene behaviors. School sites will have the following available:

- Soap
- Tissues
- No-touch trash cans
- Face coverings
- Face shields (staff)
- Hand sanitizer
- Medical grade cleaning supplies
- Plexiglass dividers in front offices and for Special Education assessments

## Cleaning, Disinfecting, and Ventilation

Rocklin Unified School District will be using cleaning products approved for use against COVID-19 by the Environmental Protection Agency (EPA).

- Use cleaning products approved for use against COVID-19 on the Environmental Protection Agency (EPA) approved list "N" and follow product instructions
- Use disinfectants labeled to be effective against emerging viral pathogens, following label directions for appropriate dilution rates and contact times. Provide employees training on manufacturer's directions, on Cal/OSHA requirements for safe use and as required by the Healthy Schools Act, as applicable
- Custodial staff who are responsible for cleaning and disinfecting school sites will be equipped with proper protective equipment including gloves, eye protection, respiratory protection and other appropriate protective equipment

Rocklin Unified School District has plans in place to maximize custodial staff and are implementing daily schedules for practicable cleaning and disinfecting at school sites and on buses.

- A cleaning log will be displayed in each bathroom
- Portable hand washing stations have been provided to both high schools for athletics
- All classrooms have wall mounted hand sanitizer dispensers installed
- Elementary classrooms will have students wash their hands using the classroom sink. Classroom drinking fountains will not be accessible (water bottles can be filled)
- Clean and disinfect frequently-touched surfaces within schools daily, and throughout the day as practicable, by trained custodial staff as practicable
- Elementary playground equipment (balls, ropes, etc.) will be assigned to each class and used by that class only in a designated area. Equipment will be sanitized daily
- Sharing of objects and equipment, such as toys, games and art supplies will be limited to the extent practicable. Items will be cleaned and disinfected between uses as practicable
- Cleaning and disinfecting guidelines will be established to ensure safe and correct application of disinfectant and to keep products away from children's reach (stored in a space with restricted access)
- Shared computers and other equipment should be regularly wiped down throughout the school day as feasible
- Cleaning and sanitization supplies will be made available in the event a teacher desires to perform additional classroom cleaning/sanitization

### Frequently Touched Surfaces

High-touch areas such as door handles, light switches, sink handles, bathroom surfaces, tables, and desks will be cleaned daily, or more frequently as needed.

### Ventilation

Rocklin Unified School District has replaced all HVAC system filters with MERV-13 filters, which are proven more effective against COVID-19. Filters will be changed at least quarterly. Fresh air into classrooms, shared spaces, and offices as required by the building code.

# Distancing Measures

## Outside the Classroom

Additional information will come from the individual schools.

Rocklin Unified School District has reviewed and is implementing District-wide measures minimizing contact between students, staff, and families in the following areas where practicable:

- Entry and exit schedules for each school have been established
- Transportation seating considerations
- Reconfigured recess schedules and reducing sharing of equipment
- Reconfigured breakfast and lunch schedules where food is provided "to-go" style and outdoor spaces are maximized
- Minimizing the mixing of classes and congregate movement through hallways and common areas during passing periods
- Minimizing large gatherings on campus, i.e., elimination of in-person assemblies and school-wide events
- Campus access will be limited to staff, students, and parents/guardians on official business ONLY.

## Inside the Classroom

Educate students on developmentally appropriate physical distancing procedures.

Additionally we are committed to the following:

- Maximizing fresh airflow
- Maximizing space between seating and desks to achieve a minimum of six feet of social distancing as practicable
- Minimize the mixing of classes as much as practicable, and limit small group interactions
- Minimize the sharing of materials and equipment as practicable. Each student will have their own tools as practicable. If materials and equipment must be shared, best efforts will be made to clean and disinfect between uses, and students will be continually practicing good hygiene habits such as hand washing and/or hand sanitizing

## Staff and Family Education

Rocklin Unified School District is committed to train staff and provide educational materials, protocols, and resource lists for families in the following safety actions:

- Sanitation practices
- Safe practices for the use of Personal Protective Equipment (PPE)
- Physical distancing guidelines
- Proper usage and care of face coverings
- Screening practices
- COVID-19 specific symptom identification
- Dedicated COVID-19 resource webpage
- Support navigating remote learning for families with the [Online Learning for Families Website](#)
- Mental health services and supports
- Information regarding COVID-19 leaves for staff (contact Human Resources)

# Health and Wellness Checks

## Daily Wellness Checks

Families and staff will be required to do a daily screening for symptoms of COVID-19 using screening protocols listed on the following pages before arriving at school or the bus stop. This includes the taking of temperatures.

## Stay Home When Sick

Staff and students should stay home when sick, not feeling well, or have come in close contact (CDC defines close contact as anyone who has been within 6-feet of an infected individual for at least 15-minutes, 2-days before illness onset) tested positive for COVID-19. Individuals who have a temperature of 100.4 and above must stay home.

## COVID-19 Symptoms Include

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus.

People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body pain
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



This list does not include all possible symptoms. Health officials will continue to update this list as we learn more about COVID-19.

## Visitor Policy

Campus access will be limited to staff, students, and parents/guardians on official business ONLY.

Visitors will be permitted on campus by appointment only, and will be required to wear a face covering. Visitors will also need to complete the screening process. Visitors must avoid campus if they exhibit any COVID-19 symptoms.

## Student Daily COVID-19 Self/Guardian Checklist

Students should not be physically present on any Rocklin Unified School District campus or facility if any of the following symptoms are present. Additionally, students should not be physically present if they have been exposed to anyone with a confirmed positive COVID-19 test within the past 14 days.

### **COVID-19 Symptoms Include:**

- Fever (100.4 degrees or higher) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. Health officials will continue to update this list as we learn more about COVID-19.

# Employee Daily COVID-19 Self-Checklist

Staff should not be physically present on any Rocklin Unified School District campus or facility if they have any of the following symptoms. Additionally, staff should not be physically present if they have been exposed to anyone with a confirmed positive COVID-19 test within the past 14 days.

## **COVID-19 Symptoms Include:**

- Fever (100.4 degrees or higher) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. Health officials will continue to update this list as we learn more about COVID-19.

By arriving at work/any Rocklin Unified School District campus or facility, staff members affirm they have not had, or been exposed to anyone with, any of the symptoms listed above in the past 14 days. Furthermore, staff agrees to wear a face covering.

## Plan For When Someone Has Symptoms or Isn't Feeling Well

### **Students or staff\* who present with symptoms while at school:**

- Students will go to a designated triage room until they can be picked up by a parent or guardian
- Staff members must leave RUSD campuses or facilities and inform their supervisor prior to leaving
- Per State guidelines, Districts should recommend the individual experiencing symptoms take a COVID-19 test. Staff members will be directed to the Placer County School Testing Site. Students can contact their physician or access the free OptumServe testing site at <https://lhi.care/covidtesting>
- If the individual was symptomatic, but not exposed, and tests negative for COVID-19, the student or staff member may return to in-person instruction three days after symptoms resolve
- If the individual does not get a COVID-19 test, the student or staff member may return to school 10 days after symptoms first appeared, and are 24 hours fever-free without fever-reducing medication
- School/classroom may remain open in consultation with public health officials

### **Students or staff\* who have had close contact with a confirmed COVID-19 case:**

- Students and Staff\* should not come to campus if they knowingly had close contact. Centers for Disease Control defines close contact as anyone who has been within 6 feet of an infected individual for at least 15 minutes, 2 days before illness onset with a confirmed COVID-19 case. If they come to campus, staff will be asked to go home and students will be kept in isolation, in a designated triage room until they can be picked up by a parent or guardian
- Per State guidelines, Districts should recommend the individual experiencing symptoms take a COVID-19 test. Staff will be directed to the Placer County School Testing Site. Students can contact their physician or access the free OptumServe testing site at <https://lhi.care/covidtesting>
- Quarantine for 14 days from last exposure. School work will be provided to students to complete during this time
- School/classroom may remain open in consultation with public health officials
- If the individual had close contact and tests negative, it does not shorten the 14-day quarantine
- Families in the cohort will receive notification regarding any additional safety precautions

*\*Staff should contact their supervisor immediately.*

## Plan for Someone with a Confirmed COVID-19 Case

### Students or staff\* who have a confirmed COVID-19 case:

- Individuals cannot come onto campus for 10 days from symptom onset or test date. In addition, individuals must be fever free without fever-reducing medication for at least 24 hours and be symptom free
- If an individual tests positive, but has had no symptoms, they may return to campus after 10 days of the test
- Site administrators will identify school site contacts, quarantine and exclude exposed contacts (likely the entire cohort) for 14 days after the last date the case was present at school while infectious. School work will be provided to students during this time
- State guidelines recommend testing of contacts, especially those who are asymptomatic. However, testing will not shorten the 14 day quarantine
- Disinfection and deep cleaning of classroom and primary spaces where the case spent significant time will be conducted
- At a minimum, cohort will be closed
- Families and staff will receive notification if there is a known positive case that occurs at their school site

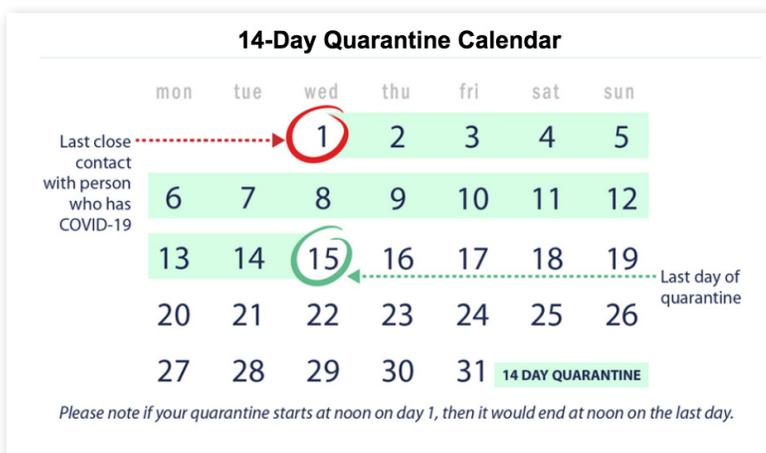
*\*Staff should contact their supervisor immediately*

Source: Schools Reopening Recommendation Guidelines [www.cdph.ca.gov](http://www.cdph.ca.gov)

## Students or Staff Who Have a Confirmed COVID-19 Case

- Individuals cannot come onto campus for 10 days from symptom onset or test date. In addition, individuals must be fever free without fever-reducing medication for at least 24 hours and be symptom free
- If an individual tests positive, but has had no symptoms, they may return to campus after 10 days have passed since the test
- Site administrators will identify school site contacts, quarantine, and exclude exposed contacts (likely the entire cohort) for 14 days after the last date the individual was present at school while infectious. Schoolwork will be provided to students during this time
- The guidelines recommend testing of contacts, especially those who are symptomatic. However, testing will not shorten the 14 day quarantine
- Disinfection and deep cleaning of classroom and primary spaces where the infected individual spent significant time will be conducted
- At a minimum, cohort will be closed
- Families and staff will receive notifications if there was an infected individual at their school site

### 14-Day Quarantine Calendar



Source: Schools Reopening Recommendation Guidelines [www.cdph.ca.gov](http://www.cdph.ca.gov)

## Maintaining Healthy Operations

Rocklin Unified School District is committed to maintaining healthy operations with an added emphasis on:

- Monitoring student absenteeism and the types of illnesses and symptoms experienced
- Monitoring staff absenteeism and have a roster of trained back-up staff
- Maintain communication systems that allow staff and families to self-report symptoms while maintaining confidentiality, as required by the Family Educational Rights and Privacy Act (FERPA) and state law related to the privacy of educational records
- Support students and families with a higher risk for severe illnesses by providing a distance learning option (Rocklin Virtual Campus)
- Communicate and consult with the Placer County Health Department to stay current with COVID-19 activity and guidance
- Identify a staff liaison(s) at each site to be responsible for responding to COVID-19 concerns

## Partial or Total School Closures

State and local health orders will be monitored to see if operational adjustments are needed.

Rocklin Unified School District will seek guidance from local Public Health Officials if the need for partial or total closure of a classroom(s) or school(s) is necessary due to positive COVID-19 case(s) of staff, student(s), or visitor(s)/volunteer(s). The State and Public Health Officials may also order the partial or full closure of a school/ district due to the level of community spread.

Rocklin Unified School District has contingency plans in place for the following instances if needed:

- Closing of a classroom
- Reducing the number of students on campus
- Closing of a specific school/site
- Transitioning to Distance Learning
- Communication plan for staff and community

State Guidelines for schools, state district or individual school closure is recommended based on the number of cases, the percentage of teachers/students/staff that are positive for COVID-19, and following consultation with the Local Health Officer. Individual school closures may be appropriate when there are multiple cases in multiple cohorts at a school or when at least 5 percent of the total number of students & staff are infected or potentially infected in a 14 day time period. This may also depend on the size and physical layout of the school.

The Local Health Officer may also determine school closure is warranted for other reasons, including results from public health investigations or other local epidemiological data.

## Frequently Asked Questions

### **What is the State's criteria for closing a school?**

Individual school closures may be appropriate when there are multiple cases in multiple cohorts at a school or when at least 5 percent of the total number of students & staff are infected or potentially infected in a 14 day time period. This may also depend on the size and physical layout of the school.

### **What is the State's criteria for closing a school district?**

A school district should close if 25% or more of schools in a district have closed due to COVID-19 within 14 days, and in consultation with the local public health department.

### **If a school district/individual school is closed, when will it reopen?**

Districts will typically reopen after 14 days, in consultation with the local public health department.

If public health officials order total closure of schools, Rocklin Unified School District students will default to full distance learning with virtual instruction by their teacher. This model is 100% online and home-based.

### **Does the State of California "Blueprint for Safer Economy" tiered system affect school opening and closures?**

No, the "Blueprint for Safer Economy" tiered system does not affect school opening and closures in Placer County.

### Elementary Grades TK-6

Because of the large numbers of Chromebooks checked out to families, students may have limited access to shared devices while at school and will be assigned one device for the entire day when feasible. Students who have checked out a device for distance learning will be required to bring that device to school with them each day. During distance learning, devices will continue to be available for check- out if students do not have access to one at home. If a family did not check out a Chromebook and prefer to not have their student use a shared device, they can bring in a personal device (Bring Your Own Device - BYOD) to class. Please ensure devices are fully charged and ready for use. Shared devices will be cleaned frequently.

### Secondary Grades 7-12

Because of the large numbers of Chromebooks checked out to families, students may have limited access to shared devices while at school and will share devices in classrooms as needed. If a family did not check out a Chromebook and prefer to not have their student use a shared device, they may bring in a personal device (Bring Your Own Device - BYOD) to class. During distance learning devices will continue to be available for check- out if students do not have access to one at home as devices are available. Students who have checked out a device for distance learning will be required to bring that device to school with them each day. Please ensure devices are fully charged and ready for use. Shared devices will be cleaned frequently.

### Internet Accessibility

All efforts will be made to ensure students have access to the Internet. Families that do not have access should contact their student's principal to ensure availability of a district mobile hotspot. The district will make every effort to ensure connectivity to all households, but supply is limited and may be reserved for those students who have no access. Other accessibility requests will be provided based on need with principal's input and guidance.



## Transportation During Phased School Reopening – Stage 2 and Stage 3

### Loading and unloading of buses

- Load students onto the bus from “rear to front” and unload students from the bus “front to rear” to avoid students walking past each other
- Encourage students to maintain physical distancing while loading and unloading at school sites
- Encourage students to practice social distancing while waiting at bus stops
- Buses and touchable surfaces will be sanitized after AM and PM routes

### Seating and physical distancing

- Students will be physically distanced on bus benches utilizing an “x” placed on the seat
- Students must wear a face covering, unless exempt
- A protocol will be developed for students who may have issues with wearing a mask while on the bus such as Special Education students due to sensory issues
- All bus drivers must wear a face covering, unless exempt, when physical distancing is not possible
- A supply of masks for each bus will be made available in the case a student does not have one
- Develop procedures for drivers to follow if the driver believes they are showing COVID-19 symptoms
- Notify families/students of the District’s transportation process, including adjustments due to COVID-19

## Transportation During Stage 4

### Loading and unloading of buses

- Load students onto the bus from “rear to front” and unload students from the bus “front to rear” to avoid students walking past each other
- Encourage students to maintain physical distancing while loading and unloading at school sites
- Encourage students to practice social distancing while waiting at bus stops

### Seating and physical distancing

- Students will be physically distanced on bus benches utilizing an “x” placed on the seat
- A protocol will be developed for students who may have issues with wearing a mask while on the bus such as Special Education students due to sensory issues
- All bus drivers must wear a face covering, unless exempt, when physical distancing is not possible
- A supply of masks for each bus will be made available in the case a student does not have one
- Develop procedures for drivers to follow if the driver believes they are showing COVID-19 symptoms
- Notify families/students of the District’s transportation process, including adjustments due to COVID-19



## Student Supports

We believe it is in the best interest of students to provide as much normalcy as possible when school re-opens. To help address learning gaps, social-emotional health needs, emotional trauma, and the potential for needing to relearn basic socialization skills, we are prepared to meet students where they are academically, socially, and emotionally and offer additional support. These supports will be available in all learning models and they may be modified in their delivery and format. Examples of supports available are listed below.

### Social-Emotional Supports

- School-based counseling
- Suicide prevention training for all certificated staff
- Mental health therapies
- Positive Behavior Interventions & Supports (PBIS)
- Restorative practices
- Socio-emotional learning /curriculum

### Academic Supports

- Identification and prioritization of essential learning standards
- Formative assessments for learning gaps
- Tiered Levels of Support in small groups
- Added tutoring for identified students
- Web based supplemental support curricula in both English-Language Arts and mathematics

### English Learners

Designated English Language Development will be delivered during uninterrupted blocked times each day of the week. Integrated English Language Development will continue to be delivered in all content areas to ensure access to rigorous curriculum and success in standards of a story in both hybrid and distance learning models. English language support staff will also be available throughout the day to assist students and families in content area curriculum and digital platforms.

### Special Education

Instruction and services will be provided and incorporated within the same schedule and guidelines as general education. During Distance Learning, Individual Distance Learning Plans will be developed and shared with parents to document all supports and services, daily or weekly schedules, resources, platforms, and log-in information. Students will participate in daily live (synchronous) and asynchronous learning activities within the general education classroom and for specialized academic instruction and related services. Depending on class sizes and/or scheduling and the ability to ensure social distancing guidelines, as of September 21, when schools transition to the Hybrid model, students within Special Day Class (SDC) programs will attend daily as opposed to the alternating A/B schedule.

## Distance Learning

Distance Learning is the default for school closures due to COVID-19. In this model, students would remain home and participate in live (synchronous) and self-guided (asynchronous) learning throughout the regular instructional day with their teacher and classmates. For 2020-21, Rocklin Unified has reimagined and strengthened its Distance Learning program so as to provide more structure and continuity in learning for all students. The following standards have been established for Distance Learning per Senate Bill 98:

- **Daily Interaction Required.** Students will receive daily live interaction from their instructors.
- **Instruction Aligned with Grade Level Standards.** Students will proceed with instruction in current grade level standards, content, and objectives.
- **Regular Feedback, Assessment, and Grading.** Teachers will provide regular feedback on student work and be assessing and grading student performance.
- **Taking Student Attendance.** Teachers will be taking daily student attendance.
- **Minimum Instructional Requirements.** Students will receive a minimum amount of daily instruction which may be met by a combination of teacher instruction and independent work assigned.
  - 180 minutes per day for Transitional Kindergarten and Kindergarten
  - 230 minutes per day for grades 1-3
  - 240 minutes per day for grades 4-12
- **Preventing Disengagement.** Schools have plans to re-engage students who are absent from distance learning for more than three school days a week.
- **Checking Connectivity.** Students who do not have a device at home to participate in distance learning will be able to check-out a Chromebook from the District. Distribution information will be communicated directly from your school site. Chromebook check-out agreements, as well as a list of low cost internet options may be found on the RUSD website.
- **Weekly Engagement Records.** Schools will keep weekly engagement records noting how much synchronous (live) or asynchronous (independent) instruction a student has received.

## Hybrid Learning

**For grades TK-1,** students would be in an “AM” or “PM” group, five days a week. This schedule takes into account the age of TK-1 students and their need for more consistent in-person instruction.

**For grades 2-6,** students would be in an “A” or “B” group and attend school 2-3 days each week. For example, Group A would attend on Tuesday and Thursday and Group B would attend Wednesdays and Fridays, with both groups attending alternating Mondays. On at-home days, students would be required to participate in a daily live check in and engage in independent or project-based work and at times, live instruction in PE, VAPA or electives.

**For grades 7-12,** students would be in an “A” or “B” group and attend school 2-3 days each week. For example, Group A would attend on Tuesday and Thursday and Group B would attend Wednesdays and Fridays, with both groups attending alternating Mondays. During at-home days, students will be required to participate in a daily live check in and complete independent or project-based work.

Siblings will be grouped in the same AM/PM or “A” or “B” block to the greatest extent possible in TK-6 and in 7-12 grades. Information pertaining to your student(s) and school’s specific schedule will come directly from your school site.

## Traditional Learning

The traditional learning model is what we’ve always done in Rocklin Unified, providing high, quality educational excellence in-person, five days weekly, for TK-12 students. Rocklin Unified is committed to returning to traditional learning as soon as it is safe for students and employees and allowable by local and state public health departments. We hope to be there with our students in the near future!

## Rocklin Virtual Campus (RVC)

RVC offers the excellence in education you've come to expect from Rocklin Unified from the comfort of your home. This educational alternative is tuition-free and part of the Rocklin Unified School District. Enrollment is open to all students in grades TK-12.

Students participating in this option will be enrolled in online video-based instruction facilitated by RUSD's highly-qualified, credentialed teachers and staff. RVC will be using fully video-based instruction through Edgenuity for all students in grade TK-12. The use of Edgenuity allows elementary students to receive instruction through a blended model, which includes instruction from their RUSD teacher, video-based instruction through the Edgenuity platform, and asynchronous practice. Video-based lessons and practice are at the time and pace that meets each students' needs. Students in grade 6-12 receive all of their instruction through the video-based platform and are assigned a facilitator RVC teacher for support and progress monitoring. Details of the daily schedule for students and their interactions with RUSD teachers will be provided to families in the RVC orientation prior to the start of school.

Elementary students will be enrolled in English Language Arts, Mathematics, Science and Social Studies based on their grade level. Students will receive workbooks in these subject areas to practice the skills being taught online. Students will also be enrolled in up to two elective courses. Additional intervention and extension opportunities are available through Edgenuity Pathblazer, which will also be provided to students.

Students in middle and high school will be enrolled in the courses they selected last spring. If selected courses do not match those available through RVC, students will be asked to select another course. If students have questions in their core courses that the RVC teacher is unable to address, students will be able to access an online tutor through Edgenuity. Additional intervention and extension opportunities are available through Edgenuity My Path, which will also be provided to students.



## Sports and Extracurricular Activities

**Outdoor and indoor sporting events, assemblies, dances, rallies, field trips, and other activities that require close contact or that would promote congregating are not permitted at this time.**

The purpose of these reopening guidelines for our athletic and performing arts departments in the Rocklin Unified School District is to ensure the safest environment and best possible care is being provided for our students who choose to return and participate in activities.

RUSD Mandated Training: Prior to coaching, all staff members will take the COVID-19 Required Online Trainings (Hand Washing, Coronavirus Awareness, CDC: Guidelines for Making and Using Face Coverings, and Managing Stress and Anxiety).

The California Interscholastic Federation (CIF) Sports Medicine Advisory Committee has developed the comprehensive list of activities below\* to help school districts prepare for their student-athletes to return to athletic activities.

LOW-RISK ACTIVITIES	MODERATE-RISK ACTIVITIES	HIGH-RISK ACTIVITIES
Cross Country Golf Marching Band Marching/Percussion/Color Guard Swimming and Diving Sideline Cheer/Song/Dance Tennis Track - Specific Events	Baseball Basketball Lacrosse - Girls Soccer Softball Track - Specific Events Volleyball Water Polo	Choir Competitive Cheer/Song/Dance Football/Lacrosse - Boys Band with Wind Instruments Wrestling

Further guidelines will likely be forthcoming from the California Department of Public Health (CDHP), California Department of Education (CDE), and California Interscholastic Federation (CIF). RUSD, with guidance from Placer County Public Health, will determine PHASE level and duration of each phase for a gradual full physical return of athletics and Performing Arts. All sports are permitted to participate in conditioning activities as long as they adhere to the phased approach outlined below prior to resuming a full physical return of athletics.

PHASE 1	PHASE 2	PHASE 3
<ul style="list-style-type: none"> <li>No locker rooms</li> <li>6 feet social distancing</li> <li>No Athlete contact</li> <li>Avoid shared equipment</li> <li>Pods up to 10 students</li> <li>No vulnerable individuals involved</li> <li>Low-risk activities begin modified practice</li> </ul>	<ul style="list-style-type: none"> <li>Pods of 10 students - indoors</li> <li>Pods of 50 students - outdoors</li> <li>No locker rooms</li> <li>6 feet social distancing</li> <li>No Athlete contact</li> <li>No sharing of towels, shoes, clothes</li> <li>Athletic equipment cleaned intermittently</li> <li>No vulnerable individuals involved</li> <li>Low-risk and moderate activity activities continue practice</li> <li>Moderate-risk activities begin modified practice</li> </ul>	<ul style="list-style-type: none"> <li>Pods of 50 students - indoors/outdoors</li> <li>Locker room open (6 feet apart)</li> <li>3-6 feet social distancing</li> <li>Vulnerable individuals social distance</li> <li>Moderate activity sports continue practice</li> <li>High-risk activities begin modified practice</li> </ul>

### Nutrition Services During Phased School Reopening – Stage 2 and Stage 3

#### Elementary

- Markings will be placed on flooring to indicate 6 ft social distancing (ie: student lunch line)
- Minimize self service (ie: elimination of salad bars and “food share table”)
- No keypad entry for student code
- Staff, whenever possible, will pre-plate food trays at the serving window
- Staff to place condiments/utensils on the student’s tray
- Continue to use staggered lunches and provide options for students to eat in outdoor/indoor spaces as feasible
- In the case of inclement weather, continue to implement standard processes of students eating in classrooms under noon duty supervision
- Staff to wear masks and/or face shields

#### Secondary

- Offer staggered lunches and provide options for students to eat indoor/outdoor spaces as feasible
- Remove self serve options (no inside “service-speed lines”); utilize snack bar lines at all sites
- Students can use Student ID cards, instead of entering student numbers on a keypad, for touchless meal service
- Staff to serve meals in units and offer (a la carte) ie: milk, a la carte/fruit served individually
- Use disposable products whenever possible
- Increase cleaning and sanitizing in frequently touched areas

#### Meal Preparation

- Use pre-packaged meal items whenever possible
- Staff to use disposable prep supplies, ie: aprons, gloves, masks, face shields, etc., whenever possible
- Staff will be trained on current health and safety protocols and employee expectations (ie: handwashing procedures)

## Nutrition Schedule

Through December 31, 2020, Rocklin Unified Nutrition Services will serve breakfast and lunch at no charge to children 18 years of age and younger (up to 22 yrs of age for adult transition students), regardless of eligibility. Meals may be picked up by a guardian or student at any of our school sites.

Site	Distance Learning Meals	Hybrid Learning Meals
Antelope Creek	11:30am - 12:30pm	Information will be shared from each school
Breen	11:00am - 12:00pm	
Cobblestone	11:30am - 12:30pm	
Parker Whitney	11:30am - 12:30pm	
Rock Creek	11:30am - 12:30pm	
Rocklin Elementary	12:00pm - 1:00pm	
Ruhkala	11:30am - 12:30pm	
Sierra Elementary	11:00am - 12:00pm	
Sunset Ranch	11:00am - 12:00pm	
Twin Oaks	11:30am - 12:30pm	
Valley View	11:00am - 12:00pm	
Granite Oaks Middle	(Monday) 11:55am -12:40pm	
	(Tuesday-Friday) 12:45pm -1:35pm	
Spring View Middle	(Monday) 11:55am -12:40pm	
	(Tuesday-Friday) 12:45pm -1:35pm	
Rocklin High	12:00pm - 1:15pm	
Whitney High	(Monday) 10:10am-10:30am	
	(Tuesday-Friday) 12:15pm -1:15pm	
Victory High (at Rocklin High)	11:59am - 12:24pm	

Any questions, call our Nutrition Services office at (916) 624-1112, ext. 1 or click here for our website [RUSD Nutrition Services](#).

## Resources

[Blueprint for a Safer Economy](#)

[RUSD Instructional Models for COVID-19](#)

[Rocklin Virtual Campus \(RVC\) Frequently Asked Questions \(FAQs\)](#)

[California Government - Masks and face coverings](#)

[RUSD COVID-19 Resources](#)

[Placer County COVID-19 Update August 28, 2020](#)

[Placer County COVID-19 Resources](#)

[Multisystem Inflammatory Syndrome in Children \(MIS-C\) associated with COVID-19](#)

[Symptoms of Coronavirus](#)

[Testing for COVID-19](#)

[When You Can be Around Others After You Had or Likely Had COVID-19](#)

[Discontinuation of Isolation for Persons with COVID-19](#)

[California Statewide COVID-19 Hotline](#)

[When to Quarantine](#)

[California Department of Public Health - COVID-19 and Reopening In-Person Learning](#)

[Framework for K-12 Schools in California, 2020-2021 School Year](#)

[Web MD: Do COVID-19 Vent Protocols Need a Second Look?](#)

[How To See Germs Spread Experiment \(Coronavirus\)](#)

[CAL OSHA Videos](#)

[Nutrition RUSD Information](#)

[Placer County Public Health Exposure Guidance Flowchart](#)

[PCOE Crisis Response](#)